Central
Bedfordshire
Council
Priory House
Monks Walk
Chicksands,
Shefford SG17 5TQ



#### TO EACH MEMBER OF THE SOCIAL CARE, HEALTH & HOUSING OVERVIEW & SCRUTINY COMMITTEE

01 April 2010

**Dear Councillor** 

#### SOCIAL CARE, HEALTH & HOUSING OVERVIEW & SCRUTINY COMMITTEE - Thursday 8 April 2010

Further to the Agenda and papers for the above meeting, previously circulated, please find attached the presentation which was to follow:-

#### 11. Overview of Mental Health

Please find attached the slides from the presentation from Dr Patrick Geoghegan OBE.

Should you have any queries regarding the above please contact Democratic Services on Tel: 0300 300 4032.

Yours sincerely

Martha Clampitt, Democratic Services Officer

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# Developments in Mental Health Services for Bedfordshire & Luton

Dr Patrick Geoghegan OBE
Chief Executive

Central Bedfordshire Overview & Scrutiny Committee 8th April 2010



#### Some Key Achievements:

- Establishing Acute Assessment Units
- Introducing Single Point of Access for Community Services
- Shortlisted for national Patient Safety Award 2010
- Major environmental improvements across Trust services
- Section136 suites opened
- Rated in top 20% for patient satisfaction in 2009 national patient survey





#### **Employment Services:**

- > Awarded disability two ticks status
- >User employment project
- Community employment projectslinked to CMHT areas and supporting users to gain and maintain employment
- ➤ 6 places on Intermediate Labour Market scheme for Empowa clients



#### Rehabilitation in Secure Services:

- > Full-time sports therapist on staff
- ➤ Weekly activity plans
- > Health activities exercise and diet
- ➤ Barnfield college input and IT suite
- > Spiritual centre on site



## **Assertive Outreach Service** in South Bedfordshire:

- ➤ Established November 2008
- > Fully staffed multi-disciplinary team
- ➤ Meeting team targets



#### **Early Intervention Team:**

- ➤ Re-established 2008, meeting targets for caseload
- Small caseload of 'at risk' individuals for developing psychosis
- > Active service user group in place
- > Football team



#### Prison in-reach pathways:

- > 7 day a week service in place
- Multi-disciplinary staffing, including psychology
- ➤ Links to community services developed to improve aftercare
- > Weekend group work activities introduced



#### **Dual Diagnosis Pathways:**

- New policy introduced for closer links between services
- > Joint assessments
- ➤ Input into the Single Point of Contact
- Training for mental health teams being provided



#### **Revised CPA processes:**

- ➤ Reviewed all CPA service users to identify status under new requirements
- Training for staff provided
- ➤ Carers assessments introduced into CPA training
- Leaflets and DVD produced for service users and carers



#### **Under 17s care pathway:**

- ➤ Access to inpatient services 'age appropriate' improved
- ➤ CAMHs consultant on call 24/7
- > Home treatment workers introduced
- ➤ Reviewed and revised to become an under 18s pathway from 1st April 2010 to meet legal requirements.



#### **Next Steps:**

- Complete Integration of staff and services across Bedfordshire, Essex and Luton
- Locality Management aligned to Local Authority boundaries
- Service review and redesign subject to formal consultation lead by NHS Bedfordshire





### Thank you

### **Any Questions?**

